

EFFECTIVE TEAM BUILDING - ACTIVITY BASED FOR LEADERS & SENIOR PROFESSIONALS

27 January 2026 10:00 AM - 27 January 2026 05:30 PM

Brief Overview:

MADRAS MANAGEMENT ASSOCIATION

Presents

One day Workshop on

ACTIVITY BASED- ADVANCED WORKSHOP ON TEAM BUILDING FOR LEADERS AND SENIOR PROFESSIONALS.

Date: 27 January 2026 (Tuesday)

Time: 10:00 AM - 5:00 PM

Venue: Madras Management Center, Chennai.

EFFECTIVE TEAM BUILDING – ACTIVITY BASED

In an era of constant change and increasing cross-functional interdependence, effective team building is a critical leadership capability. The programme “**Effective Team Building – Activity Based for Leaders & Senior Professionals**” is a one-day, immersive workshop designed exclusively for leaders and senior professionals to strengthen **trust, communication, and collaboration** across teams and departments.

This highly practical, activity-driven session enables participants to experience leadership challenges in real time and translate insights directly into workplace behaviour. Through structured simulations and group exercises, leaders learn how to regulate emotions under pressure, communicate with clarity, and build alignment—even when information is limited and stakes are high.

Participants are introduced to proven decision-making frameworks such as the **OODA Loop and DECIDE model**, along with practical tools like **pre-mortems and the 10-10-10 rule**, to enhance judgment, anticipate risks, and balance short- and long-term outcomes. The workshop also emphasises leveraging team inputs quickly, distinguishing between reversible and irreversible decisions, and acting decisively with incomplete information.

By the end of the programme, participants gain **practical leadership tools, enhanced peer visibility, and the confidence to lead high-performing teams**, enabling them to drive progress and organisational transformation effectively.

Session content:

- **Session :1- Building Trust & Executive Communication.**

Objective: Enhance Trust, Openness, and Clarity in Communication among Senior Professionals.

Key Pointers

- **Lead with transparency and consistency:** Share decision rationales openly and align words with actions to foster credibility and psychological safety in teams.
- **Practice active listening first:** Prioritize understanding others' perspectives before responding, using empathetic follow-ups to build rapport and encourage honest feedback.
- **Delegate trust proactively:** Extend authority through meaningful tasks while modelling vulnerability, paired with concise, strategic updates to reinforce reliability.
- **Use storytelling for connection:** Convey vision and challenges via relatable narratives with data, recognizing contributions publicly to deepen emotional trust.
- **Adapt communication styles:** Tailor strategic brevity for executives and approachable empathy for teams, with follow-ups via polls or discussions for sustained engagement.

Activities

- Trust circle
- Blind spot- Feedback
- Executive Listening Drills
- GAME- SMART ROPE & BROKEN SQUARES

Session-2: Strategic Alignment & Cross-Functional Collaboration.

Objective: Align leaders with organizational vision and improve cross-functional collaboration

Key Pointers

- **Joint vision storytelling:** Leaders share unified narratives in town halls, highlighting cross-team wins.
- **Collaborative tools:** Adopt platforms for real-time goal tracking and feedback loops.
- **Recognition programs:** Reward cross-functional successes publicly to motivate

alignment.

Activities

- Real world "Case- Studies"
- Alignment mapping.
- Inter- department strategy dialogue
- GAME- Who wants to be LEADER + SILENT LEADERSHIP Challenge + BLINDED LEADER Game

Session 3: Decision Making & Leadership Under Pressure.

Objective: Improve decision-making, guidance, and leadership effectiveness under pressure.

Key Pointers

- *Regulate emotions first: Pause for deep breathing or mindfulness to stay composed, enabling clear thinking before assessing limited data.*
- *Apply structured frameworks: Use OODA Loop (Observe, Orient, Decide, Act) or DECIDE model to prioritize objectives and evaluate options systematically.*
- *Run pre-mortems and 10-10-10: Anticipate failures upfront and weigh decisions' impact over 10 minutes, months, and years for balanced perspective.*
- *Leverage team input swiftly: Stress-test ideas by inviting critiques, distinguishing reversible (two-way door) from irreversible decisions.*
- *Act decisively with 40-70% info: Trust instincts per Colin Powell's rule, followed by quick reviews to adapt and build team confidence.*

Activities

- Pressure simulations.
- Rapid decision scenarios.
- Guided reflection
- GAME NAME - SPPED BALL & NAIL + SCALE Games & 6 Thinking Hats for FUTURE-BACK Planning

Session 4: Remote Teams, Priorities & High Performance Culture

Objective: Balance organizational priorities with performance in remote and hybrid teams

Key Pointers

- Flexible performance metrics.
- Tech-enabled collaboration
- Hybrid- inclusive recognition
- Capacity planning rituals

Activities

- Remote team challenge, priority vs performance matrix, action planning.
- GAME NAME - SUSPEND, 6 Thinking HATS & Boardroom Olympics

For Whom:

- **Who can Attend**

This Exclusive Effective Team building workshop is ideal for:

- Emerging leaders transitioning to senior roles should attend to accelerate development
- High-Potential Managers: Identified for future leadership positions.
- First-Time Senior Leaders: Recently promoted to VP/Director levels.
- Mid-Level Managers: Aspiring to executive responsibilities.

Key Takeaways:

Key Takeaways

- Trust Foundation - Essential for high-performing teams, Alignment Drives Execution - Strategic clarity for leadership teams.
- Communication Excellence - 40% reduction in miscommunication
- Continuous Self-Reflection - Non-negotiable for sustained performance
- Diversity & Innovation - 34% more creative solutions
- Shared Leadership - Beyond hierarchy and silos
- Role Clarity & Goal Setting - Proven effectiveness drivers
- Collaboration - Accelerates execution
- Feedback & Respect - 80% improvement in team well-being
- Leadership Strength - Prevents talent drain and toxic cultures
- Shared Purpose - Unites disparate agendas
- Momentum & Celebration - Sustains engagement

Facilitator profile:

Dr. Sachin

Founder of SUPERBHUMAN

Dr. Sachin, a passionate Life Coach, Certified Trainer, and Brain Expert. With a Doctorate from Kings University, USA in Experiential Training, Accelerated Learning, a Gamification, he has dedicated his career to unlocking human potential and driving exceptional performance.

To date, he has touched the lives of over 1,86,000+ individuals and collaborated with 275+ organizations

over the last 12 years.

Dr. Sachin believes in Experiential Learning through game-based training and activity-driven workshops, creating immersive, hands-on experiences that maximize learning and results. Their Accelerated Learning Systems (ALS) and Result-Oriented Learning Systems (ROLS) help students, teachers, and parents channel their energy towards becoming champions and leaders. He doesn't just teach but he transforms.

His goal is to empower the next generation of leaders to succeed not only in academics but in life.

Fee Details:

- **Fee Details**
- Member amount : Rs 2596.00- (Including 18%GST)
- Non Member amount : Rs 0.00- (Including 18%GST)
- Total Member count :