

POSH Training

12 August 2026 10:00 AM - 12 August 2026 05:30 PM

Brief Overview:

MMA's Flagship Workshop - POSH Training

Date : 12-08-2026, Wednesday

Time : 10:00 AM - 05:30 PM

Venue : MMA Management Centre

The Prevention of Sexual Harassment (POSH) Act, 2013 provides the legal framework for preventing and addressing sexual harassment at the workplace.

Creating a safe and inclusive workplace requires much more than just compliance. It requires awareness, accountability, empathy, respect and a shared commitment from every individual within the organisation.

<https://forms.gle/a2YU9hXV2BdMDjv1A> : **REGISTER NOW**

Session content:

- **1. Understanding Ourselves: Gender Sensitisation, Stereotypes, Bias and Inclusion**
- 2. Understanding the POSH Act: Prevention, Prohibition and Redressal**
- 3. Respect, Boundaries and Workplace Behaviour | Role Plays**
- 4. Applying POSH at Work: Workplace Scenarios and Case Discussions**
- 5. Open House Discussion, Feedback and Closing Reflections**
- 6. Personal Reflections | Oath taking on POSH Commitment**

For Whom:

- Professionals from Manufacturing, Information Technology, Services, Healthcare, Hospitality, Retail Education and every other sector where women are employed
- Small and Medium Business Owners and Entrepreneurs
- Employees across functions and levels
- Managers, Supervisors and Team Leaders
- POSH Internal Committee (IC) Members
- Individuals interested in understanding workplace rights, responsibilities, workplace ethics and respectful workplace behaviour
- Students and young professionals preparing to enter the workforce

And not just the HR Team members!

Key Takeaways:

- Understand the importance of workplace respect, inclusion and psychological safety
- Recognise stereotypes, assumptions, bias and unconscious bias
- Understand gender sensitization and its relevance in today's workplace
- Identify behaviours that may constitute sexual harassment
- Understand professional, personal and digital workplace boundaries
- Gain practical understanding of the POSH Act and its application
- Understand Prevention, Prohibition and Redressal under the POSH Act
- Understand the complaint and redressal process under the POSH Act
- Appreciate the role of employees, managers, leaders and bystanders in prevention
- Develop greater awareness and accountability towards creating safe, respectful and inclusive workplaces

Facilitator profile:

Ms. Shubashree G

Fee Details:

- **Fee Details**
- Member amount : Rs 2950.00- (Including 18%GST)
- Non Member amount : Rs 3540.00- (Including 18%GST)
- Total Member count :